







Welcome to ONE where we believe that quality health should be affordable, accessible and simple. We're proud of our Plan Options and are on hand to assist you in any way to ensure that you and your family are protected from any unforeseen events

## What can you expect from us?

-  With our Onecard™ Transactional Card we make your claim amount available on your card immediately through our automated telephonic claims system before seeing your service provider. There is no need to pay and claim back later – we've reversed the process!
-  Friendly staff on call to help you with understanding your policy or any queries you may have
-  Included in your Onecard™ monthly fee is Onelifestyle - our rewards program that helps our clients save on lifestyle purchases and experiences for the whole family like discounted flights, accommodation and vouchers from over 300 major brands
-  An online Self-service Portal that gives you instant access to your policy information, claims history, payment history and more

# HEALTH PLAN DESCRIPTION

HEALTH COVER	WAITING PERIODS	MAXIMUM OVERALL LIMITS
Medical Practitioner Visits	30 Days	A maximum of R230.00 per visit paid onto your Onecard™ Annual limits: Single: R 1 610.00   2 or 3: R 2 760.00   4 plus: R 3 450.00
Scripted Medication	30 Days	A maximum of R150.00 per visit linked to a Medical Practitioner linked script paid onto your Onecard™ Annual limits: Single: R 1 000.00   2 or 3: R 1 500.00   4 plus: R 1 750.00 • Only applicable if prescribed by a Medical Practitioner • No over-the-counter Medication is covered
Repeat Scripted Medication	90 Days	A maximum of R150.00 per month on a Medical Practitioner linked script paid onto your Onecard™ • If approved this type of medication forms part of the Scripted Medication limits • Repeated Script conditions must be reported within 30 days of diagnosis and may require under writing approval, a loading fee or be subject to an exclusion • All pre-existing chronic conditions (known or unknown) will be excluded
Specialist Visits		Not covered on this plan
Dental Visits	90 Days	A maximum of R200.00 per visit paid onto your Onecard™ Annual limits: Single: R 600.00   2 or 3: R 1 400.00   4 plus: R 2 000.00 • Dental Procedures covered under Dental Cover
Radiology	30 Days	A maximum of R350.00 per event paid onto your Onecard™ Annual limits: Single: R 1 400.00   2 or 3: R 2 750.00   4 plus: R 3 500.00 • Must be referred by a Medical Practitioner
Pathology	30 Days	A maximum of R350.00 per event paid onto your Onecard™ Annual limits: Single: R 2 000.00   2 or 3: R 2 750.00   4 plus: R 3 500.00 • Must be referred by a Medical Practitioner
Maternity Pre-Birth	7 months applicable to new policies only	A maximum of R400.00 per visit paid onto your Onecard™ • 3 visits per pregnancy / Annual limit of R1 200.00 • Please notify Oneplan™ of the pregnancy • If you are out of your waiting period, cover is only active 4 months from the date of conception

Maximum overall limit for Health Cover of: Single: R 8 210.00 | 2 or 3: R 12 760.00 | 4 plus: R 15 800.00

OPTOMETRY COVER	WAITING PERIODS	INSURED AMOUNTS
Optometry	12 Months	Comprehensive eye test 1 set of Basic Frames (from a choice of 20) Lenses cut to suit frames • This cover can only be used once per 24 months • Basic Mono or bifocal lenses only • Only Eyenet optometrists nationwide can be used

DENTAL COVER	WAITING PERIODS	INSURED AMOUNTS
Dental Procedures	90 Days	Temporary Filling or Emergency Root Canal per Insured R 400.00 per emergency event R 2 400.00 annual limit per year Temporary Crown per Insured R1 000.00 per emergency event R 5 000.00 annual limit per year Dental Extraction per Insured R 120.00 per tooth No Annual limits Routine Filling per Insured R 250.00 per tooth R 750.00 annual limit per year • Upgrades for more Cover are available

ADDITIONAL COVER	WAITING PERIODS	INSURED AMOUNTS
Personal Protection Program	Immediate Cover	<p>2 incidents per year</p> <p>In the case of crime related traumas we offer:</p> <ul style="list-style-type: none"> <li>• Telephonic or face-to-face counselling • Trauma related legal assistance • Shelter facilities in cases of domestic violence</li> </ul> <p>In the case of accidental exposure to HIV:</p> <ul style="list-style-type: none"> <li>• Unlimited access to Care Centre for HIV information and advice • 2 blood tests • 31 day anti-retroviral or prophylactic therapy • STD preventative medication</li> </ul>
Please note that this plan is for persons under the age of 65 years. Exclusions and health loadings may be applicable.		

## Monthly Premiums

Single	R 245.00
Single + 1 child	R 435.00
Single +2 children	R 625.00
Single + 3 children	R 815.00
Single + 4 children	R 1 005.00
Couple	R 490.00
Couple + 1 child	R 680.00
Couple + 2 children	R 870.00
Couple + 3 children	R 1 060.00
Couple + 4 children	R 1 250.00

## Contact Us

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